

April at



**Waddington
Wellbeing Hub**

ALL FREE!



St. Michael's Church
10am to 4pm
Lunch provided

Monday 7th April

Make an Easter suncatcher with Cat (afternoon)

Monday 14th April

Various games

Monday 21st April 10am to 12pm

Bank Holiday - morning session only no lunch
Various games

Monday 28th April

Fun Seated Exercise
with Lincoln City Foundation (11am)

Tuesday 1st April

Patchwork Community Singing Group
joins for singing together. Drinks: 10am Singing: 11am
All welcome

Tuesday 8th April

Make Easter cards with Gloria

Tuesday 15th April

CLOSED

Tuesday 22nd April

Fun Seated Exercise with Lincoln City Foundation

Tuesday 29th April

Former Lincoln City Football Club Players visit
Talk & Memorabilia

Thursday 3rd April

Learn to crochet with Emma
Various games

Thursday 10th April

Multi-activity session with Lincoln City Foundation

Thursday 17th April

Make VE Day decorations with Cherry
Various games

Thursday 24th April

Make VE Day decorations with Sarah
Learn to play chess with Emma
Employment and benefits advice with Andrew
from Salvation Army Employment Plus



**Millers Road
Community Centre**
10am to 12pm



**Redwood Drive
Community Centre**
11am to 1pm
Lunch provided